

November 24,2021

CURRICULUM VITAE

BEATRICE C. ENGSTRAND, M.D., F.A.A.N., F.A.C.G.S., Hon.Sc.D
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Gorham, New Hampshire 03581

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HOSPITAL AFFILIATES:

Androscoggin Valley Hospital April 2018-present
Upper Connecticut Valley Hospital (UCVH) April 2018-present
North Country Health Care (NCH)
New York Medical College, 1988-Present
Westchester County Medical Center, 1988-October 2019
North Shore University Hospital, Manhasset, NY approx 1992-Aug 2008
Huntington Hospital, 1992-2008
Glen Cove Hospital, approx 1995-Jan 2008
St. Vincent's Hospital, NY, 1988-2004

PRESENT POSITIONS:

Neurologist at North Country Health Care 2018-present
Private Neurological Practice, October 1992-2018
Clinical Associate Professor of Neurology, New York Medical College
May 16, 2012-present, Clinical Associate Professor of neurology at the
New England College of Osteopathic Medicine
Founder 2018-present, Neuro-Degenerative Disease Foundation President

LICENSURE:

New York State - Medicine and Surgery
The State of New Hampshire- Medicine

AWARDS AND HONORS:

Received Honorary Jarhead Award as I was a first responder in the June 21, 2019 Jarhead accident where 7 marines were killed in Randolph New Hampshire.

Be Well for Life Inspiration Award from Well life Network May 2017

Accepted Member : Forensic Expert Witness Association FEWA Board Of Directors

Quality Compassion Service in recognition of 25 years of service
Westchester Medical Center. September 2014

Listed in "The Frontier Fifty: A Selection of Outstanding
TalkMediaWebcasters" 2009, 2010, 2011

CURRICULUM VITAE

BEATRICE C. ENGSTRAND, M.D., F.A.A.N., F.A.C.G.S., Hon.Sc.D

Page Two

Board Certified in Neurology by the American Board of Psychiatry and Neurology, Inc. Diplomate & Fellow, American Academy of Neurology

Diplomate of the American Board of Geriatric Fellow of the American College of Geriatrics Specialists

Diplomate of the American Board of Ethical Physicians

Woman of The Year - Distinction Magazine 2003

Outstanding Young Women of America, Global Directory of Who's Who, Life Time Member - Honors and recognition of hard work, dedication, perseverance for demonstrating leadership, achievement in the occupation industry or profession.

Who's Who - Leading Professionals & Executives, 1996

Soroptimist International of the Americas - Woman of Distinction Award

Regional and National White House - Fellowship Finalist, 1992-93

Honorary Doctorate, Lehigh University, Oct 1991

Paul Harris Fellow, 1991

Berner High School Hall of Fame, 1987

Leopoldo Canales Award, Excellence in Neurology 10/84

The Beatrice Sterling Hollander, M.D., W.M.C. 1941 Memorial For Promise of Leadership, High Character, and Creativeness in My Profession, May, 1984

International Who's Who of Professionals, Year 2000

Who's Who in America - Year 2000

Young Physician, New York State Representative

FOREIGN LANGUAGES:
LECTURES:

Write, read, speak Spanish and Italian
Courage of the Mind, Body and Spirit, June 5, 1998, Canyon Ranch

CURRICULUM VITAE

BEATRICE C. ENGSTRAND, M.D., F.A.A.N., F.A.C.G.S., Hon.Sc.D

Page Three

Creative Healing: People Who Beat the Odds and You Can Too,
June 6, 1998, Canyon Ranch
Lectured Canyon Ranch Medical Staff on Dementia, June 6, 1998
Central Presbyterian Church, Park Avenue, NY, NY
Lectured for the Huntington Hospital Diabetes Ed Series on Neuropathy,
May 15, 200Featured Speaker for the Epilepsy Foundation of Long Island
at their Annual Conference, November 2003.

MEMBERSHIPS:

Fellow of the American Academy of Neurology1988-present
American Medical Association1992-2018
Diplomate of the National Board of Medical Examiners
The Women's Studies Advisory Board of Lehigh University
Fellow of the Royal Society of Medicine1992-2018
New York Medical Society1992-2018
Suffolk Medical Society1992-2018

OFFICES HELD:

President, Upper Manhattan Rotary
Board Member ALS (Amyotrophic Lateral Sclerosis), &
Board of Veritas, 1991
Chaired Bioethics Subcommittee, Metropolitan Hospital
Former member of the Medical Board at Metropolitan Hospital

PUBLIC RELATIONS:

C.B.S. This Morning, N.B.C. News, Cable News
Joe Franklin Show, W.E.V.D., Ruth Jacobs Jewish Home Show,
W.F.T.R., Wisconsin, W.F.I.R., Virginia, W.C.C.O., Minnesota,
W.F.D.V., Human Medicine, People Magazine, Cindy Adams' New York
Post column and the July, 1995 issue of Reader's Digest article, The
White Sneakers
Featured Speaker - American Running and Fitness Association,
November 11, 1995, New York
Sheraton, Marathon Medical Seminar
Hospice Walk - approximately 2004
WOR Health Expo - approximately 2005 and 2006

EDUCATION:

Neurology Resident, SUNY Health Science Center, Brooklyn,
Downstate/Kings County Medical Center - July 1986-June 1988

CURRICULUM VITAE

BEATRICE C. ENGSTRAND, M.D., F.A.A.N., F.A.C.G.S., Hon.Sc.D

Page Four

EDUCATION:

Resident, Medicine 1
North Shore University Hospital, Manhasset, New York
July 1984-June 1985

The Medical College of Pennsylvania - Graduation - June 1984
Humanitarian Scholar and M.D.

Subinternship in Neuro-Opthomology , Wills Eye Hospital
Subinternship in Neurology, Columbia Presbyterian
Subinternship in Pediatric Neurology ,Columbia Presbyterian Babies
Hospital
Subintership in Neuro-Oncology, Memorial Sloane Kettering Cancer
Center
Subinternship in Geriatrics, Philadelphia Geriatric Center Movement
Disorder with Professor Q. David Marsden

The National Hospital, Queens Square, London, England
May 1988

Lehigh University, B.A. - October 1982

Alfred G. Berner High School - Graduation - June 1978
(Valedictorian - Class of 700)

Neurology Resident
The New York Hospital/Cornell Medical Center, New York
July 1985-June 1986

BOOKS AND PUBLICATIONS: A Gift of Healing - A Legacy of Hope, June 1990
Wynwood Press
A May 1984 article in the Lehigh Alumni Magazine,
A Gift of Healing Painfully Earned
“Cocaine-Related Ischemic Strokes,” Neurology, 1989
(Suppl.):s 186, Engstrand BC, Daras M, Tuckman AJ, Koppel BS,
Schallop C, and Jindal SP

CURRICULUM VITAE

BEATRICE C. ENGSTRAND, M.D., F.A.A.N., F.A.C.G.S., Hon.Sc.D

Page Five

“Recurrent Seizures with Cocaine Abuse,” presented at the American College of Physicians in New York, 1990, Harden C., M.D., Daras M., M.D., Engstrand B., M.D., Tuckman AJ, M.D.

“Lumbar Puncture In Aids Patients with CNS “

“Toxoplasmosis” presented at the American College of Physicians in New York, 1990, Daras M., M.D., Tuckman AJ, M.D., Engstrand B, M.D.

Featured writer for the International Journal and for the Alumnae Magazine, MCP Today - 1980-1984

Editor of High School paper - 1977-78

INTERESTS:

Opera (Former Patron of the Metropolitan Opera), creative writing, public speaking, performing arts, foreign languages, animal behavior studies, travel, walking, swimming, wildlife rehabilitator, boating, politics, antiques and interior decorating, and mental health issues.

Member of The Norwegian Buhund Club and The Society of American Magicians

Christian Counselor

WOR RADIO SHOW:

Creator, Director and Host of the WOR 710 AM radio talk show , Neurology with Dr. Engstrand each Sunday night at 10:30 pm for 7 consecutive years, 2002-2009

WLIE RADIO SHOW:

Creator, Director and Host of the WLIE 540 AM radio talk show, Evening Chats with Dr. Engstrand, every Tuesday and Wednesday night 9:00-10:00 pm, March 2003-November 2003

TV APPEARANCES:

MSNBC and FOX News

Dan Abrams & Dan Abrams’ Specials (MSNBC)

Linda Vesper - Fox TV

EWTNTV - Alabama TC

PODCASTS:

Listed in “The Frontier Fifty: A Selection of Outstanding Talk Media Webcasters” 2009,2010,2011