

# Russell Douglas Goode

Updated 9/14/2022

## CURRICULUM VITALE

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### Current Address

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Mobile, AL 36608

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### Biographical Data

Place of Birth: Florence, Alabama

Phone: (251) 300-7611

### Orthopaedic Trauma Experience

5,042 Orthopaedic Trauma Procedures performed since Fellowship (2016-current)

- Additional estimated 1,500 Orthopaedic Trauma Procedures during residency (case logs unavailable)
- Body Parts Included:

- |         |            |           |
|---------|------------|-----------|
| ○ Foot  | ○ Femur    | ○ Elbow   |
| ○ Ankle | ○ Hip      | ○ Forearm |
| ○ Tibia | ○ Pelvis   | ○ Wrist   |
| ○ Knee  | ○ Shoulder |           |
| ○ Hand  | ○ Humerus  |           |

### Education

- 2001-2005: University of South Alabama, Mobile, Alabama  
Bachelor of Science, Magna Cum Laude  
ACS Accreditation in Chemistry and minor in Biology  
**Honors:** Phi Kappa Phi, Mortar Board, Honors Program, Most Outstanding Graduate 2005
- 2006-2010: University of South Alabama College of Medicine, Mobile, Alabama  
Medical Doctorate  
**Honors:** AOA, Samuel Eichold Scholarship, Thaddeus Waterman Scholarship
- 2010-2015: University of South Alabama Orthopaedic Residency Program  
**Honors:** Yelton Resident Essay Competition: 2<sup>nd</sup> Place. 2012
- 2015-2016: Orthopaedic Trauma Fellowship, University of Missouri

### Employment

- 2016-2018: Orthopaedic Trauma Surgeon, The Orthopaedic Group P.C. (Mobile, AL)
- 2018-2021: Orthopaedic Trauma Surgeon, Alabama Orthopaedic Clinic (Mobile, AL)
- 2017-current: Independent Consultant, Precision Clinical Research LLC (Mobile, AL)
- 2018-current: Rehabilitation Director, Ashland Place (Mobile, AL)
- 2021-current: Orthopaedic Trauma Surgeon, Gulf Orthopaedics (Mobile, AL)
- 2022-current: Medical Director, Burnhams Vital Care (Mobile, AL)

### Certifications

United States Medical Licensing Examination

Step 1: May 2008: 230

Step 2: August 2009: 248

Step 3: July 2010: Passed

American Board of Orthopaedic Surgery Certification Exam 2015: Passed

American Board of Orthopaedic Surgery Oral Examination 2018: Passed

Alabama Board of Medical Examiners: License #31474 (Active)

Mississippi Board of Medical Examiners: License #30689 (Active)

Missouri Board of the Healing Arts #2015008273 (Inactive)

Florida Board of Medical Examiners: License #TRN18355 (Expired)

## Course Attendance

AO Basic Fracture Course: Sun Valley, ID 2010  
AO Advanced Fracture Course: Dallas, TX 2011  
Enneking Tumor Course: Gainesville, FL 2012  
Rib Fracture Fixation Course: Minneapolis, MN 2013  
Orthopaedic Trauma Association: Phoenix, AZ 2013  
Orthopaedic Trauma Update: New York 2013  
AOA Resident Leadership Forum, Montreal 2014  
AO Trauma Fellows Symposium Las Vegas 2016  
OTA Fellows Course, Boston, MA 2017  
Infirmary Physician Leadership Academy 2022

## Orthopaedic Trauma Course Instructor

AO Basic Fracture Course, Rosemont IL 2019  
AO Basic Fracture Course, Charlotte, NC 2020

## Orthopaedic Trauma Presentations

Curiel R, **Goode R**, Alonso J, Entry Point and the Lateral Entry Femoral Nail. Alabama Orthopaedic Society Meeting. Sandestin, FL. May 2010

**Goode R**, Eberhart A, Alonso J. Sacro-iliac Joint: The Forgotten Joint. Alabama Orthopaedic Society Meeting. Sandestin, FL. May 2012

**Goode R**, Alonso J. Treatment and Diagnosis of Sacro-iliac Joint Pain using Anterior Compression Plating. Alabama Orthopaedic Society Meeting. Point Clear, AL. May 2013

White, S, **Goode R**, Meyer F. Evaluation of secondary etiologies of patients failing conservative treatment for DeQuevain's. Alabama Orthopaedic Society Meeting. Birmingham, AL May 2014

**Goode R**, George M, Alonso J. Diagnosis and Treatment of Sacro-iliac Joint Pain using Anterior Compression Plating: A Retrospective Outcome Study. AAOS Meeting. New Orleans, LA. March 2014

**Goode R**. Grand Rounds Presentation. University of Missouri. Columbia, MO. June 2016

**Goode R**. Alabama Department of Labor Workers Compensation Convention. Birmingham AL. October 2016

**Goode R**. Grand Rounds Presentation. University of South Alabama. Mobile, AL. October 2016

**Goode R**. Alabama Department of Labor Workers Compensation Convention. Gulf Shores AL. March 2017

Goode S, **Goode R**, Crist B. Putting the Brakes on Breaks. Mid-American Orthopaedic Association. June 2017

Gilling J, Campfield B, **Goode R**, Crist B "Safety and Complications Associated with MRI-Conditional External Fixators" USA Resident and Fellow Exposition 2017 Poster of Distinction. June 2017

**Goode R**. Alabama Self Insurers Association meeting. Destin, FL August 2017

**Goode, R**. Industrial Workers Rehab Adjuster CME meeting. Mobile, AL Dec 2017

**Goode, R**. Senior Spirits Hip Fracture Presentation. Mobile, AL April 2018

**Goode, R**. IWR Case Manager CEU Presentation. Mobile AL October 2019

**Goode, R**. Bay Area Nurse Practitioner Meeting. Mobile, AL Dec 2019

**Goode, R**. AONA Charlotte Basic Course Faculty Presenter. Charlotte, NC Jan 2020

**Goode, R**. AED Honor Society Guest Lecturer. Mobile, AL Jan 2020

**Goode, R.** Alabama Self-Insurers Association Winter Meeting. Montgomery, AL Jan 2020

**Goode, R.** Alabama Self-Insurers Association Summer Meeting. Virtual July 2020

**Goode, R.** Bay Area Nurse Practitioner Meeting. Mobile, AL. Virtual Sept 2020

**Goode, R.** Arthrex Fibulock Education Dinner. Magnolia, AL. Nov 2020

**Goode, R.** Arthrex Fibulock Education Dinner. Huntsville, AL. Dec 2021

**Goode, R.** Illuminoss Educational Lecture Digital Series, April 2022

### Publications

Surgical findings that likely lead to failure of conservative treatment of De Quervain's tenosynovitis Stephen White, MD, **Russell Goode, MD**, Frederick N. Meyer, MD. USA Orthopaedic Journal. Volume 1 2015-2016 edition

Case Report: Arthroscopic Treatment of Tarsometatarsal Joint Pain of Unknown Etiology **Russell Goode, MD** and Joe B. Ray, MD. USA Orthopaedic Journal. Volume 1 2015-2016 edition

Putting the Brakes on Breaks: Osteoporosis screening and fracture Prevention. Sarah Goode DNP, **Russell Goode MD**, Jackie Beshears DNP, Brett Crist MD. Geriatric Orthopaedic Surgery and Rehabilitation

Safety and Complications associated with MRI-conditional external fixators in patients with tibial plateau fractures. Jonathan Gilling MD, **Russell Goode MD**, Brian Campfield MD, Brett Crist MD. Journal of Orthopaedic Trauma, 2018 Oct;32(10):521-525

### Affiliations

Clinical Faculty Member: Alabama College of Osteopathic Medicine

Prior Clinical Faculty Member: University of South Alabama College of Medicine, Department of Orthopaedics

### Memberships

GRAF medical, Board of Directors (2020-current)

Business Council of Alabama, Board of Directors (2018-2020)

USA Medical Alumni Association, Board of Directors (2018-2022)

American Association of Osteoporosis Providers, Vice President (2022-current)

Director, Frederick N Meyer Residents Fund, a 501c3 nonprofit

AO Trauma North America: Clinical Instructor

Orthopaedic Trauma Association

American Academy of Orthopaedic Surgeons

Alabama Orthopaedic Society

AOA Emerging Leaders Program

Alpha Omega Alpha

### Committees

Surgical Technician Advisory Board. Virginia College. 2011

Quality Improvement and Care Committee. University of South Alabama. 2012

USA Housestaff Association: Orthopaedic Representative. 2014

USA Chief Residents Committee: Orthopaedic Representative. 2014

MIMC Surgical Efficiency Steering Committee. 2018-22

MIMC Physician Alliance Committee 2018-22

MIMC Physician Practice OR Quality Subcommittee 2018-22

MIMC Credentialing Committee 2019-2022

MIMC Advanced Practitioner Scope of Practice Committee 2020-22

AOC Internal Quality Committee 2020-21

MIMC Physician Alliance Executive Board 2022

MIMC IPA surgery committee co-chair 2022

### Consultant/Speaker Agreement

Arthrex Medical  
IlluminOss Medical  
Johnson and Johnson: Synthes division

**Case Consultation (Section started 9/13/22)**

- 9/13/22: Young femoral neck fracture (39 years old): requested advice on workup and management
- 9/14/22: Review of radiographs and questions regarding management of postop radial nerve palsy
- 9/15/22: Young tibial plateau malunion (40 years old): requested advice on preoperative and intraoperative plan
- 9/19/22: 89 year old femoral neck: requested advise of CRPP versus hemi
- 9/22/22: 66 year old: requested transfer of care for complex ankle and calcaneus fractures
- 9/23/22: 20 year old with femoral neck fracture: requested advice on next steps and office second opinion
- 9/24/22: 22 year old with acetabulum fracture: requested advice on necessity of surgery and management
- 9/30/22: requested advice on management of a subacute Morelle-Lavelle after blunt trauma
- 10/2/22: requested advice on management of prox humerus shaft fx in patient with BKA
- 10/3: requested advice on clavicle fixation and RTP on 17 year old quarterback
- 10/23: requested advise and take over of care young Acetabulum fracture with retained fragment in joint
- 10/28; requested take over of care for revision of failed hip intramedullary nail in 85 year old
- 10/29: 65 year old with fracture dislocation of ankle; requested take over of care
- 10/30: 59 yo with placating fracture, requested opinion on need for radial head fixation versus replacement
- 11/1: 75 yo c pelvic fractures, requested opinion on nonop versus operative treatment
- 11/4: 17 yo c clavicle fracture, requested opinion on weight bearing status and advancement with sports
- 11/7: requested review of films for definitive nonoperative treatment on a pelvic fracture
- 11/13: 70 yo c prior long IMN and break distal, requested opinion on best fixation strategy
- 11/14: 62 yo c polio with prior ankle fusion, requested opinion on treatment of tibia fracture with associated patient fractures

**Research Activities**

2014-2015	Role: PI	The Effect of Retained Syndesmotic Screws on Patient Functional Outcome
2016- 2017	Role: Sub-I	A Phase 3 Randomized, Double-Blind, Multi-Center Study to Compare the Safety and Efficacy of Oral Omadacycline to Oral Linezolid for Treating Adult Subjects with Acute Bacterial Skin and Skin Structure Infection (ABSSSI)
2016-2018	Role: Sub-I	Sanofi-Pasteur - Efficacy, Immunogenicity, and Safety Study of Clostridium difficile Toxoid Vaccine in Subjects at Risk for C. difficile Infection Phase: 3
2017-2019	Role: PI	PF708-301: A Randomized Study Comparing the Effects of PF708 and Forteo in Patients with Osteoporosis. Phase: 3
2022-	Role: Sub-I	Prospective and Retrospective Patient Registry: Illuminoss Medical